

# Social Skills

Name \_\_\_\_\_

	I have heard of this	I can tell someone how to do it	I can do it	I can do it for one period	I can do it all day	I can do it all week
Staying calm						
Helping						
Listening						
Following instructions						
Talking with a nice voice						
Sharing/Taking turns						
Walking away from mean talk						
Smiling						
Caring						
Explaining						
Asking "Are you OK?"						
Asking "Can I help?"						
Making people feel special						
Knowing when someone is unhappy						
Looking at people when they speak to me						
Including people						
Looking at people when I speak to them						
Telling people good things						
Being kind						
Asking for help						